



## 2010 40-Mile Run Overall Results

Place	Time	First	Last	Age	Sex	City	State	Team
1	5:31:58	Mark	Lundblad	41	M	Swannanoa	NC	
2	6:08:31	Brad	Smythe	31	M	Raleigh	NC	
3	6:15:35	Ronnie	Weed	35	M	Chapel Hill	NC	Inside-Out Sports
4	6:24:48	Joshua	Rapp	34	M	King	NC	
5	6:33:35	Byron	Backer	45	M	Greenville	SC	Greenville Track Club
6	6:33:45	Anthony	Corriveau	39	M	Cary	NC	
7	6:33:50	Mohammed	Idlibi	31	M	Charlotte	NC	
8	6:37:18	Layna	Mosley	38	F	Chapel Hill	NC	Trailheads
9	6:43:47	John	Ciccarello	37	M	Southern Pines	NC	
10	6:51:13	Dale	Fleckenstein	45	M	Durham	NC	
11	6:53:20	Mike	Fiorito	42	M	Apex	NC	Inside-Out Sports
12	7:03:00	James	Cobb	50	M	Lexington	SC	
13	7:05:07	Steve	Hall	48	M	Weaverville	NC	Jus' Running
14	7:06:10	Warwick	Ames	41	M	Chapel Hill	NC	Trailheads
15	7:09:16	Mark	Nowling	41	M	Charleston	SC	CBC Running Team
16	7:13:52	Abran	Moore	29	M	Winston-Salem	NC	
17	7:22:16	Charles	Roberts	35	M	Arden	NC	
18	7:31:50	Bill	Vanca	54	M	Pittsboro	NC	Trailheads
19	7:37:58	Charles	Schirmer	49	M	Southern Pines	NC	
20	7:38:34	Tricia	Drummey	28	F	Chapel Hill	NC	We Brews Easily
21	7:38:42	Lew	Upchurch	40	M	Wake Forest	NC	
22	7:41:26	Susan	Landry	43	F	Collegeville	PA	
23	7:42:08	Jeff	Patterson	49	M	Chapel Hill	NC	Trailheads
24	7:48:30	Craig	Sandstrom	43	M	Piedmont	SC	
25	7:49:22	Brandon	Thrower	22	M	Boone	NC	
26	7:50:44	Jake	Godfrey	36	M	Chapel Hill	NC	Trailheads
27	7:51:53	Keith	Houck	52	M	Chapel Hill	NC	Trailheads
28	7:51:57	Kurt	Rosenkrantz	37	M	Chapel Hill	NC	Trailheads
29	7:53:20	Rick	Gray	49	M	Johnson City	TN	
30	7:57:25	Rob	Mitchell	45	M	Raleigh	NC	
31	7:57:30	Sean	Butler	39	M	Pittsboro	NC	Triangle Adventure Racing
32	8:02:28	Mark	Elson	49	M	Woodstock	GA	
33	8:10:05	Nick	Fiedler	31	M	Clayton	GA	
34	8:10:11	Robert	Moore	35	M	Wrightsville Beach	NC	
35	8:15:51	Robert	Kern	47	M	Carrboro	NC	Trailheads
36	8:16:11	Steve	Spear	25	M	Springlake	NC	
37	8:16:12	Jeremy	Dellabalma	29	M	Springlake	NC	
38	8:22:58	Shannon	Johnstone	36	F	Cary	NC	
39	8:23:31	Jay	Murray	48	M	Morrisville	NC	
40	8:27:17	Karen	Murphy	31	F	Chapel Hill	NC	Carolina Godiva Track Club
41	8:36:29	Ray	Barrett	32	M	Pinehurst	NC	
42	8:40:25	Walt	Robinson	50	M	Raleigh	NC	
43	8:45:27	Brandy	Burns	34	F	Raleigh	NC	
44	8:51:11	Charles	Chilcott	37	M	Durham	NC	Triangle Adventure Racing
45	8:51:59	Geoff	Scott	61	M	Chapel Hill	NC	Trailheads
46	8:55:23	Jeff	McGonnell	49	M	Davidson	NC	
47	8:55:25	Stephen	Pieroni	38	M	Chapel Hill	NC	
48	8:56:19	BD	Sechler	47	M	Cary	NC	
49	8:57:52	Aaron	Ligon	28	M	Charlotte	NC	
50	8:57:55	Tim	Edwards	37	M	Matthews	NC	
51	9:06:28	Lisa	McFadden	36	F	Lillington	NC	



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52	9:06:29	Daren	Marceau	48	M	Cary	NC	
53	9:06:32	Peter	Herron	46	M	Troy	NC	
54	9:08:38	Barry	Wright	53	M	Troy	NC	
55	9:11:04	Douglas	Thompson	42	M	Greenville	NC	
56	9:21:48	David	DeSilva	50	M	Charlotte	NC	
57	9:21:53	Teddy	Embler	40	M	Thomasville	NC	
58	9:32:17	John	Teague	49	M	Charlotte	NC	
59	9:33:15	Ashley	Hatchell	35	F	Carolina Beach	NC	
60	9:46:05	Sam	Torrey	50	M	Southern Pines	NC	
61	9:53:11	Half Dome	Cordell	49	M	Chapel Hill	NC	Trailheads
62	9:54:00	Todd	Champagne	45	M	Raeford	NC	
63	9:59:23	J. Mickey	Fong	31	F	Durham	NC	
64	9:59:32	Darryl	Banks	43	M	Wake Forest	NC	
65	10:05:00	Megan	De Lena	47	F	Pottstown	PA	
66	10:05:10	Lisa	Pavlik	45	F	Collegeville	NC	
67	10:15:25	Dan	Pieroni	69	M	Seven Lakes	NC	
68	10:17:00	Bryan	Shaver	40	M	Carolina Beach	NC	
69	10:17:45	Michael	Phillips	58	M	Pittsboro	NC	
70	10:35:32	Andy	Wright	55	M	Waxhaw	NC	
71	11:08:48	Thomas	Herbst	47	M	Seven Lakes	NC	

### Women's 40-Mile Run Results

Place	Time	First	Last	Age	Sex	City	State	Team
1	6:37:18	Layna	Mosley	38	F	Chapel Hill	NC	Trailheads
2	7:38:34	Tricia	Drummey	28	F	Chapel Hill	NC	We Brews Easily
3	7:41:26	Susan	Landry	43	F	Collegeville	PA	
4	8:22:58	Shannon	Johnstone	36	F	Cary	NC	
5	8:27:17	Karen	Murphy	31	F	Chapel Hill	NC	Carolina Godiva Track Club
6	8:45:27	Brandy	Burns	34	F	Raleigh	NC	
7	9:06:28	Lisa	McFadden	36	F	Lillington	NC	
8	9:33:15	Ashley	Hatchell	35	F	Carolina Beach	NC	
9	9:59:23	J. Mickey	Fong	31	F	Durham	NC	
10	10:05:00	Megan	De Lena	47	F	Pottstown	PA	
11	10:05:10	Lisa	Pavlik	45	F	Collegeville	NC	

### Men's 40-Mile Run Results

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1	5:31:58	Mark	Lundblad	41	M	Swannanoa	NC	
2	6:08:31	Brad	Smythe	31	M	Raleigh	NC	
3	6:15:35	Ronnie	Weed	35	M	Chapel Hill	NC	Inside-Out Sports
4	6:24:48	Joshua	Rapp	34	M	King	NC	
5	6:33:35	Byron	Backer	45	M	Greenville	SC	Greenville Track Club
6	6:33:45	Anthony	Corriveau	39	M	Cary	NC	
7	6:33:50	Mohammed	Idlibi	31	M	Charlotte	NC	
8	6:43:47	John	Ciccarello	37	M	Southern Pines	NC	
9	6:51:13	Dale	Fleckenstein	45	M	Durham	NC	
10	6:53:20	Mike	Fiorito	42	M	Apex	NC	Inside-Out Sports
11	7:03:00	James	Cobb	50	M	Lexington	SC	
12	7:05:07	Steve	Hall	48	M	Weaverville	NC	Jus' Running



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16	7:22:16	Charles	Roberts	35	M	Arden	NC	
17	7:31:50	Bill	Vanca	54	M	Pittsboro	NC	Trailheads
18	7:37:58	Charles	Schirmer	49	M	Southern Pines	NC	
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22	7:49:22	Brandon	Thrower	22	M	Boone	NC	
23	7:50:44	Jake	Godfrey	36	M	Chapel Hill	NC	Trailheads
24	7:51:53	Keith	Houck	52	M	Chapel Hill	NC	Trailheads
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46	9:06:32	Peter	Herron	46	M	Troy	NC	
47	9:08:38	Barry	Wright	53	M	Troy	NC	
48	9:11:04	Douglas	Thompson	42	M	Greenville	NC	
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51	9:32:17	John	Teague	49	M	Charlotte	NC	
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57	10:17:00	Bryan	Shaver	40	M	Carolina Beach	NC	
58	10:17:45	Michael	Phillips	58	M	Pittsboro	NC	
59	10:35:32	Andy	Wright	55	M	Waxhaw	NC	
60	11:08:48	Thomas	Herbst	47	M	Seven Lakes	NC	